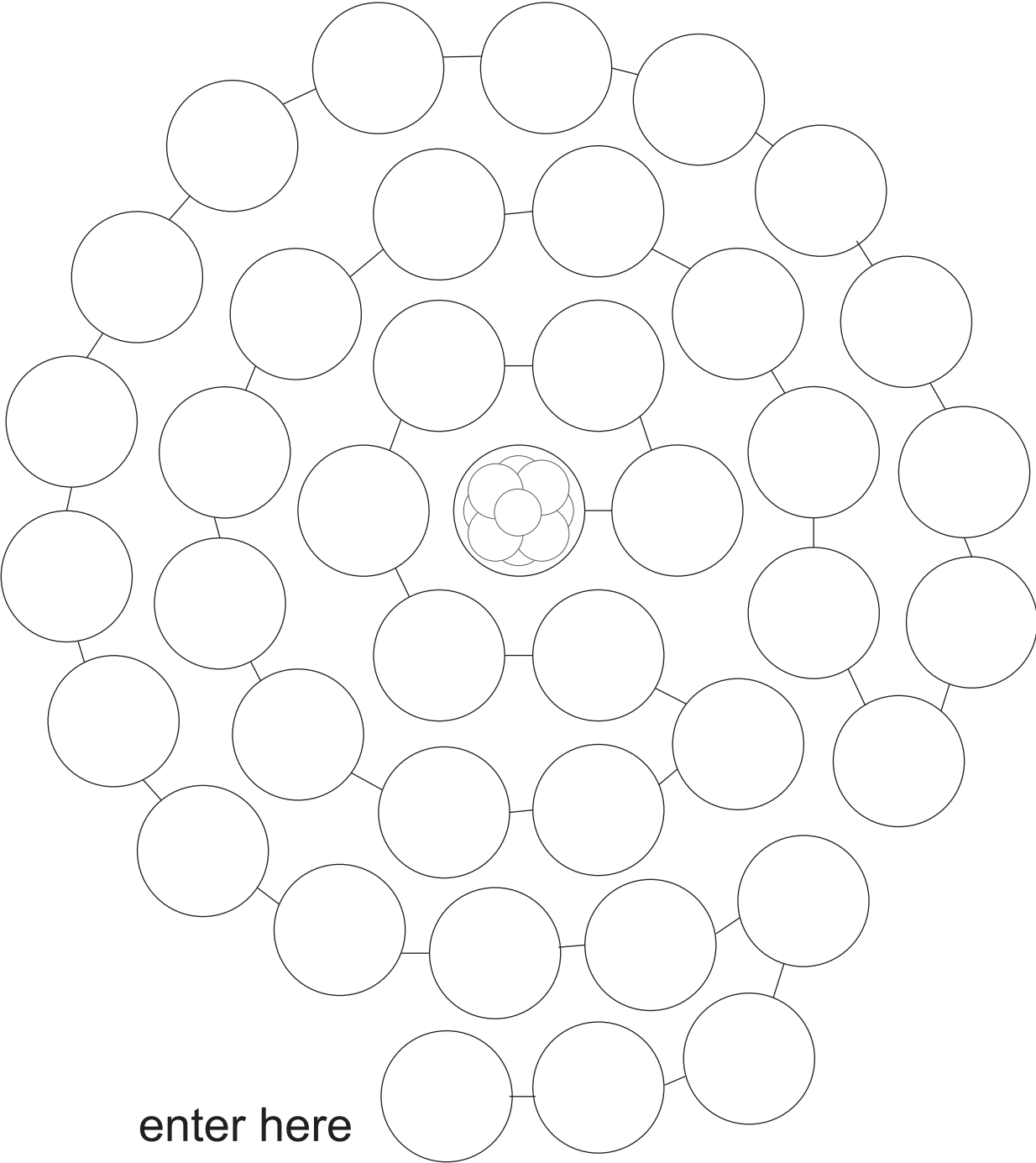
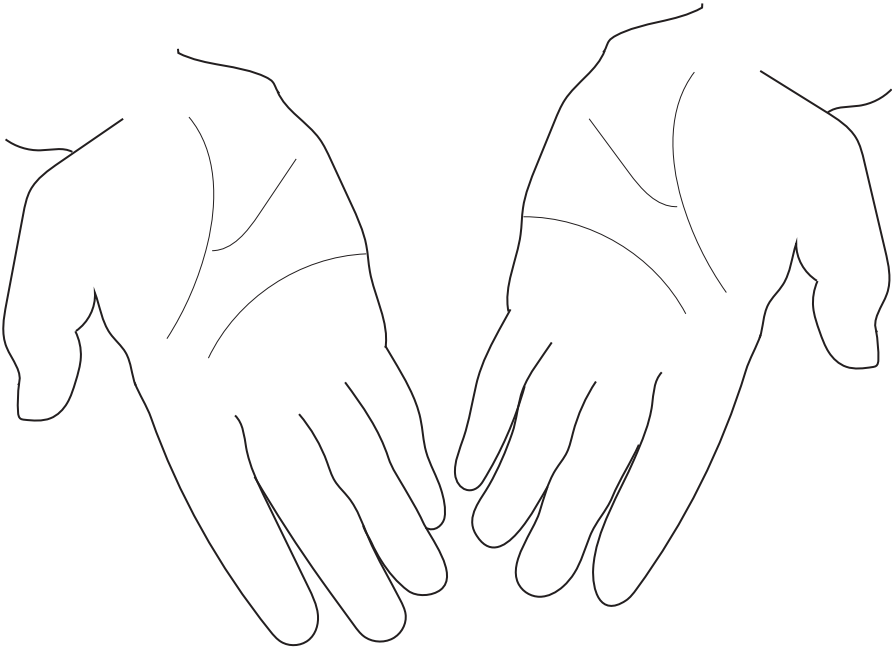


Lenten Prayer Path



Let go
for Lent



quiet people pleasing
feelings of unworthiness disunity

fear of failure a small view of God

This booklet has Visual Faith materials to supplement the devotion “40 Things to Give Up for Lent and Beyond” by Phil Ressler. Also, the midweek Lent worship service messages at St. John’s will be based on some of the topics in the book. The sermons can be found the next day at: www.stjohnsdover.com

You will find a Bible Margin drawing for each devotion and a place for notes. You can color the picture and keep it in the booklet or you could trace it a journaling bible. If you’d like to cut and glue into your bible instead, you can print the pages as one sided from the blog: www.unconventionallysf.blogspot.com

There is also a place for daily prayers on the back cover. Each circle is a place to put your prayers. You may color, fill it in, write words, or nothing at all.

I pray that your Lenten journey, “Let Go for Lent” offers you the opportunity to shed some of the false identities that the world, ourselves, and the devil like to place on us. The things that are not gifts from our God. You may find some topics more difficult than others and that is OK; dwell in it longer, pray about it more, and/or talk it out with a good friend or a trusted counselor. All that we say and do comes from who we see ourselves to be. Jesus came to set the captives free. A large part of that freedom is no longer being weighed down by the false identities placed on us. It is knowing who we are in Christ and who God says we are as his children. So, this Lent let us give up those things that stand in the way of our true identities given to us so we may be more confident in Christ and ever more aware of his presence in our lives. Now in this new freedom, may his love follow ever more greatly from us and out into the world and the people around us, who so desperately need it. -Amen

Revelation 21:4



Matthew 28:1-10




Joshua 1:9



Matthew 8:19-20



I am
fearfully
and
wonderfully
made

A decorative wreath made of leaves and flowers, positioned at the bottom of the page. The wreath is circular and composed of various types of leaves and small flowers, creating a lush, natural border.

In
His
Time



Seek
first
the
kingdom
of God

It is
O.K.
to
ASK
for
HELP

1 Corinthians 12



Psalm 9:1



Ephesians 2:10



Colossians 3:23-24



Philippians 3:9

[illegible]

Romans 8:37-39



James 4:10

[illegible]

Psalm 147:4-5

[illegible]

Philippians 2:9

Hello, my name is...

JESUS

Hebrews 13:8

	M	T	W
○			
○			
○			
○			
	Th	F	S
			S

yesterday
today
forever

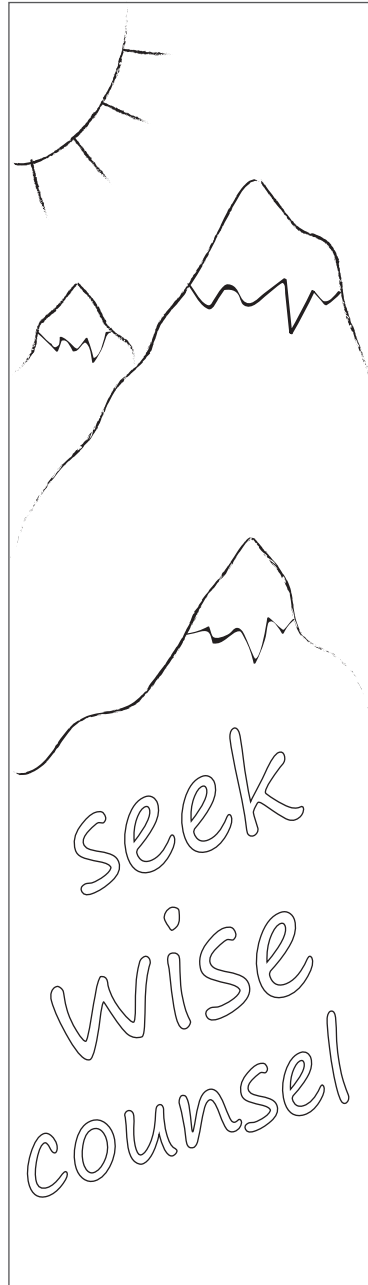
2 Corinthians 5:17

creation
in
Christ

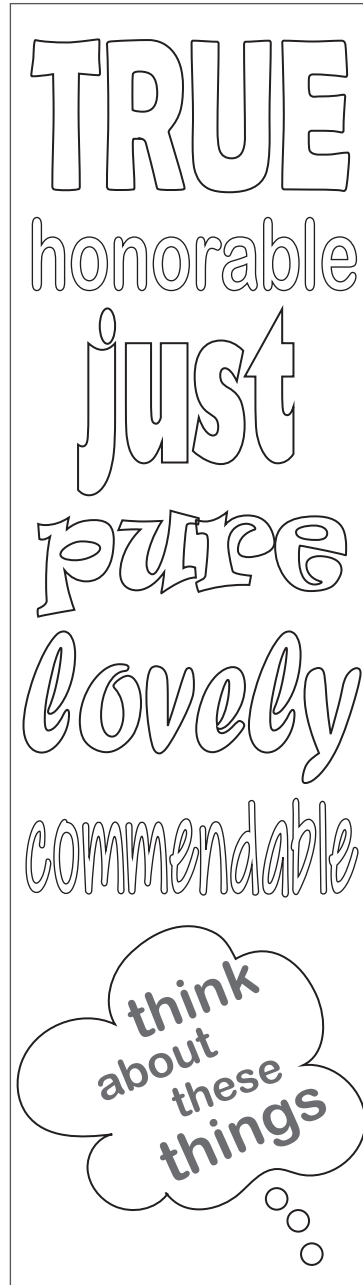
Matthew 11:28-30

The Message

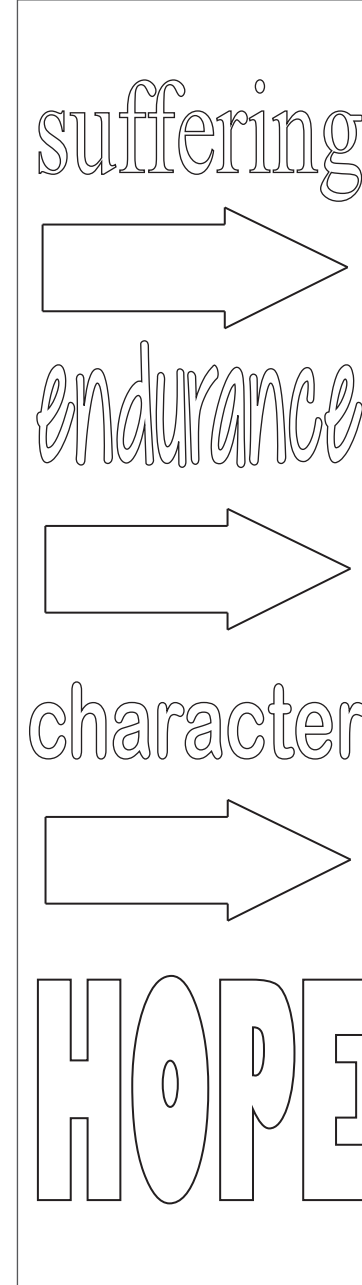
Proverbs 15:22



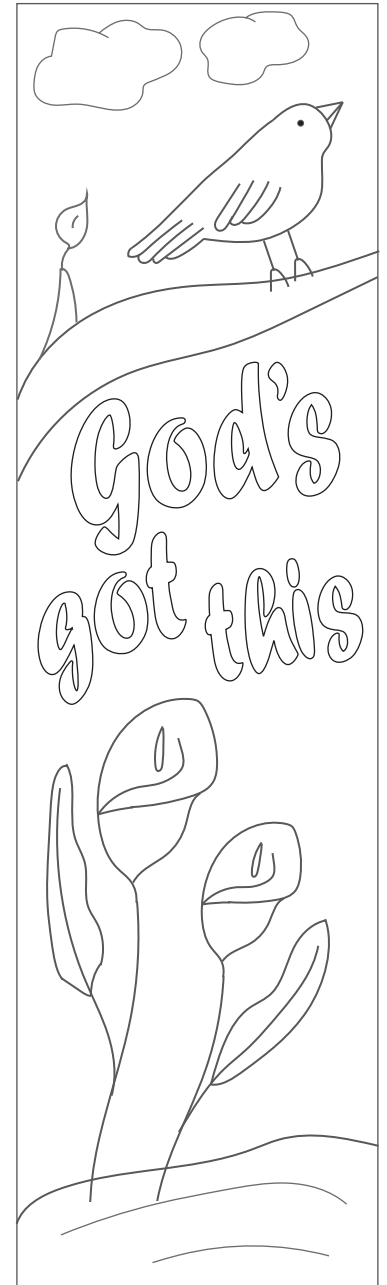
Philippians 4:8



Romans 5:3-4



Matthew 6:25-31



Acts 2:42

break
bread
together

[illegible]

Ephesians 4:2-6

1 body
Spirit
hope
Lord
faith
baptism
GOD

body
Spirit
hope
Lord
faith
baptism
GOD

Galatians 5:13

A simple line drawing of a teacup. A small tag with a heart shape on it is hanging from the rim of the cup. The cup is empty and has a handle on the left side.

[illegible]

Genesis 12:1-3

blessed
to be a
B
L
E
S
S
I
N
G

blessed
to be a
B
L
E
S
S
I
N
G

Matthew 5:44

2 Corinthians 4:8-9

Matthew 15:11



peace

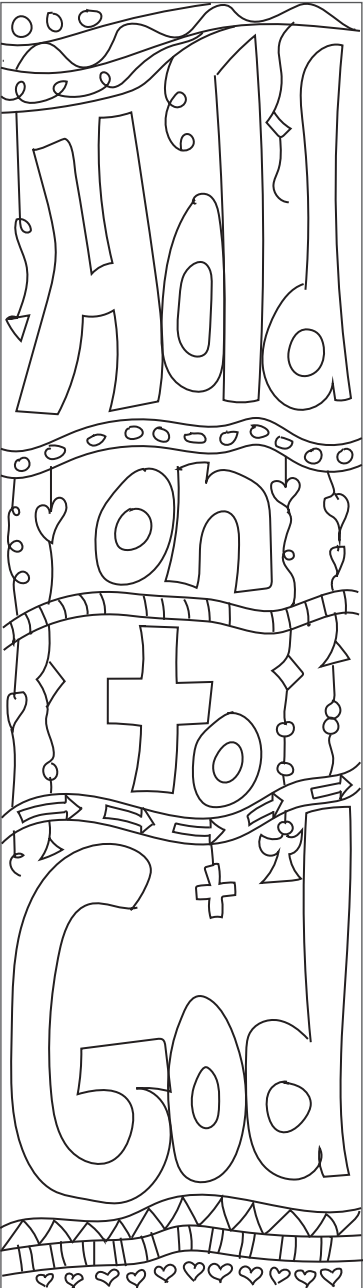
Psalm 46:10

and know that

I AM
GOD

Giving Up
Giving Up

Luke 18:7



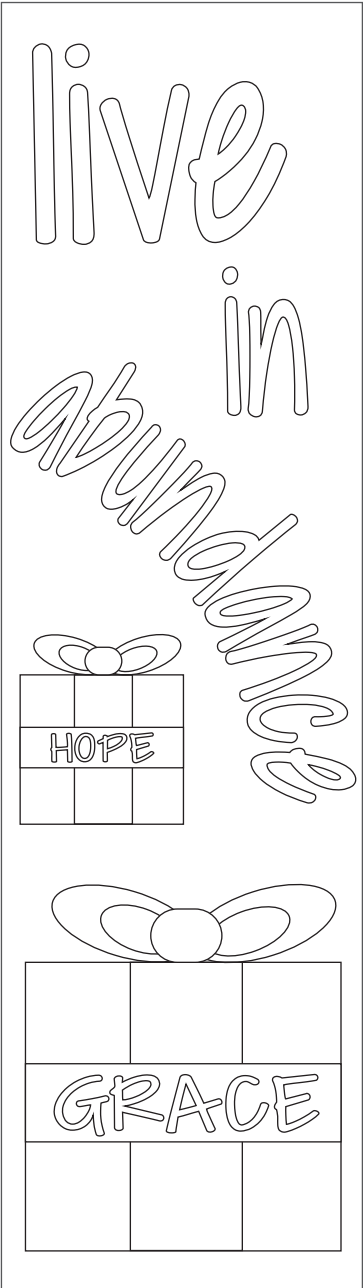
Giving Up
Mediocrity

Deuteronomy 6:4-9



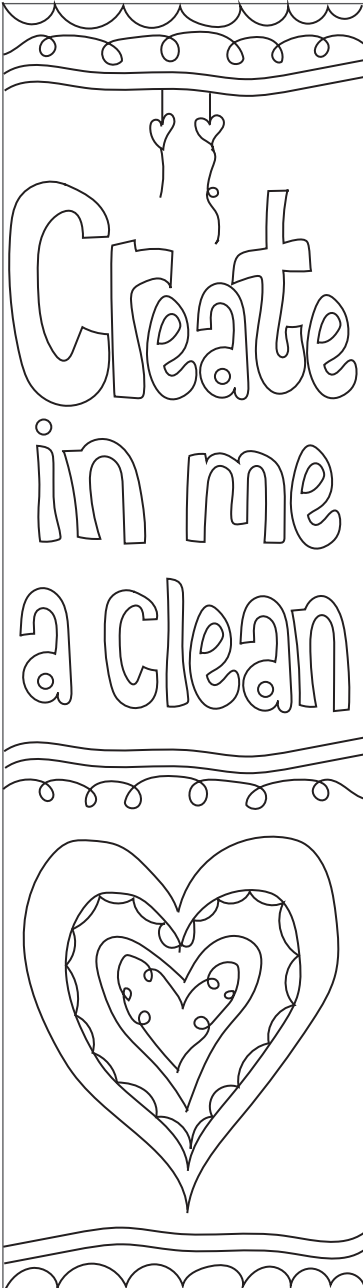
Giving Up
The Spirit of Poverty

2 Corinthians 9:8



Giving Up
Going Through
the Motions

Psalms 51:10



Jude 1:20-21

[illegible]

Philippians 4:4



Ephesians 3:17

[illegible]

Hebrews 12:1-2

